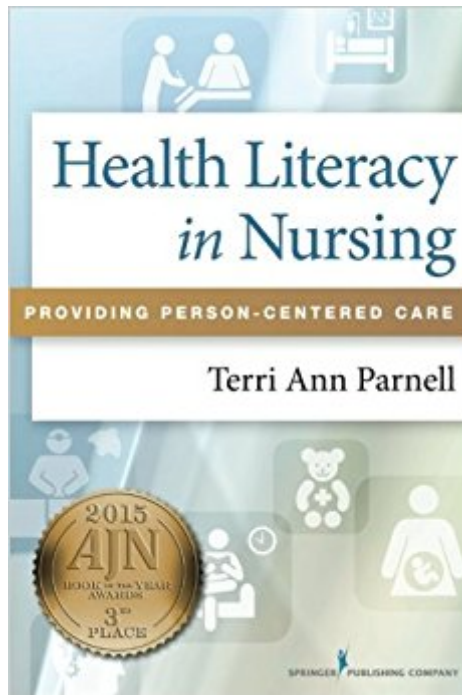


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# Health Literacy In Nursing: Providing Person-Centered Care



## Synopsis

"Dr. Parnell has captured the essence of health literacy and cultural competence, not only for nurses, but also applicable to all care providers and community workers. [and] provides us with a road map to enhance our success through health literacy and cultural competence. This is a must read for all health professionals." —Richard H. Carmona, MD, MPH, FACS (From the Foreword) 17th Surgeon General of the United States (2002–2006) Distinguished Professor, University of Arizona Promoting the health literacy of patients across all settings is an essential component of prevention, wellness, and effective medical treatment. This health literacy textbook provides an overview of health literacy, discusses the magnitude of the issue, and explains implications of low health literacy. It details strategies to enhance effective communication between patients and nursing practitioners. Through case-based examples, this textbook and clinical guide assists nurses in developing the requisite skills needed to communicate effectively so that patients can truly make informed health decisions and enhance health outcomes. Health Literacy in Nursing promotes verbal and written communication strategies that nurses can use to effectively meet the individualized needs of an increasingly diverse patient population in an effort to enhance patient-provider communication across the entire continuum of care. It provides strategies for creating culturally appropriate written materials in plain language that patients can read and follow when they arrive home. Nursing professionals can build upon the basic tools offered in the text throughout their career to stay abreast of methods to effectively communicate and educate a culturally and linguistically diverse demographic. Additionally, the material can easily be incorporated into course content regarding "unique populations" (pediatrics, older adults, research participants, and those managing mental health and end-of-life care decisions) for whom health literacy is often overlooked. The book will be valuable to undergraduate and graduate nursing students studying to meet advanced nurse practice competencies and is an essential resource for practicing nurses who must stay abreast of evolving standards and regulations related to the provision of safe and effective patient and family-centered care. Key Features: Provides a solid foundation for developing skills that foster health literacy among all patients and practitioners Assists in meeting the regulatory requirements for providing culturally and linguistically appropriate patient education Includes guidelines for improving health literacy according to increasingly evolving regulatory standards Includes case-based examples to illustrate the purpose and effectiveness of enhancing patient and provider health literacy skills Addresses both oral and written communication strategies

## Book Information

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## Customer Reviews

Terri Ann Parnell, DNP, RN, is Vice President, Community Health at North Shore LIJ Health System and Assistant Professor of Population Health at the Hofstra North-Shore LIJ School of Medicine. She is responsible for having established a diversity, inclusion, and health literacy strategic plan and is implementing initiatives that support the mission of the office across the 16-hospital Health System, its communities, and the Hofstra North Shore-LIJ School of Medicine. Dr. Parnell developed an online educational module "Health Literacy: Partnering for Patient-Centered Care" and received second place in the Champion category of the Leonard G. Doak Health Literacy Innovator Award for the demonstration of commitment to excellence in health literacy within an organization. She has also received nursing awards for excellence in research, patient and family education, and community service. She is a steering committee member on the American Nurses Association Care Coordination Quality Measures Panel and a participating member on the Institute of Medicine (IOM) Roundtable on Health Literacy. She is a frequent presenter locally, nationally, and internationally, and has published in the areas of women and heart disease, patient education, and health literacy. She is author of *Heart Smart for Black Women and Latinas: A Five-Week Program for Living a Heart-Healthy Lifestyle* (2008).

As a 'seasoned' RN I thought I knew all there is about teaching patients and caregivers - then I read *Health Literacy in Nursing* - and it opened my eyes to the huge gaps there is in my knowledge and understanding of health education. I would dare to say that its the same for other nurses. We have

the knowledge and the desire to teach, but we rarely stop to think about how effective our teaching methods are, and if we are truly helping our patients. In this book Dr. Parnell provides clinicians with the tools to assess how they are communicating with patients, and chapters of practical knowledge of how we can do it better. This book should be part of every facilitates continuing education program, and if you are looking for a Christmas gift for your favorite doctor or therapist this is it! Although the book is written for nurses, all health care professionals would benefit from reading it.

This book was required for my BSN program, and it's pretty thorough.

Great resource for nurses and others to gain more understanding and skill in health literacy.

I absolutely loved this book, I wish I had known about this book few months ago. When I was doing my assignments on Health Literacy in previous courses, I referred to several articles and resources like AHRQ website etc. When I read this book last week, I was like wow the author compiled all the research so well in this book and I wish I had read this book first. I am thankful to the author for organizing the book so well with different age group, different issues, different framework and models, providing excellent examples, and real life scenarios. I was particularly shocked when I read the scenario about 60 years old men who could not read to his grandkids and his wife did not know for 40 years of their marriage that he could not read. If his wife did not know then how can nurses assume patient understood the instructions given to them. I also, enjoyed the sections on verbal and written communications techniques and how I can make an impact on my organization by educating nurses on how to say things.

I'm a nursing student going for my second degree from a public health background and I felt like this is such an amazing resource especially being in NY with such diverse patients. Definitely recommendation this to anyone studying medicine or nursing. Such a useful tool!

I would highly recommend Dr. Parnell's book on Health Literacy. She provides a great understanding of how clear communication of your health message can make all the difference in effective patient care. It is well written and I truly believe all health care professionals would benefit from such reading.

This was recommended to me by a colleague before starting my FNP program. I'm really enjoying it,

and it's given me a new perspective on how to talk to my patients in a health care field which is so rapidly changing.

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